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## Hello again,

Among other items in this briefing are....

### The Reindeer are coming back!!



Yes: they'll be on sale later this year and with a slightly different design (I'll include a photo when I have one) but, in the meantime, Andy Pearson and his squad - George, Andrew, Sam and Tim - have been wood-gathering (see photo below); many thanks to Kevin of Stansted Woods - second from left in photo - for his generosity.

There's a piece about a sponsored 100-mile walk along the Downs and an update on the Common Room's update, so to speak.

⚓ There are some great pictures down below, of fun out on the water in Chichester harbour. ⚓

### £ 100 Club Winners for September: £

The draw has taken place and the lucky winners are listed in the elephant . Prizes will be paid direct to their bank accounts within 48 hours and, if you would like to be in with a shout for a future draw, for as little as a fiver per month, please email me: [paulreed@apuldrum.org](mailto:paulreed@apuldrum.org)

**drove.coconuts.fines** You may well think: what's that about, Paul?? Well, have you heard of [what3words](#)? It's an app that allows you to pinpoint exactly where you are anywhere on the planet, to the nearest square metre, thus allowing people to find you much more easily and precisely than a postcode, which often defines an area and not a specific place. I have found, more than once, that my satnav took me to the gateway of an empty field (empty to my townie eyes, of course, even though I've lived in the Chichester area for 50 years, but full of good stuff, I'm sure) with the terminal message, "arriving at destination on right". I'd be surprised if you haven't had a similar experience. Anyway, [drove.coconuts.fines](#) is the [what3words](#) signifier for **Apuldram's café/shop**; clever, eh? The free app allows you to open up directions in either Apple Maps or Google Maps. I like this very much!

And, in almost the same breath as mentioning the café/shop, I'd like to tell you that we have applied to be included in the [Refill](#) map; this shows the places where you can refill your water-bottle with fresh water for nothing. The app itself is very useful for walkers, cyclists and, I guess, everyone.

### Have you got what it takes to be a trustee?

Apuldram's day-to-day goings-on are administered by our Management team but running parallel is the board of trustees; the difference between the two groups is that the latter is a group of dedicated and committed volunteers, elected by Apuldram's members. They play a vital role, bringing passion and commitment as well as sharing their range of skills and experience. The Board meets regularly throughout the year and recognises that good governance is essential for the success of The Apuldram Centre. In conjunction with the management team, the Board sets the long-term vision and protects the reputation and values of the organisation by providing strong leadership and by demonstrating their decision-making and accountability. If you'd like to throw your hat into the ring, contact Sarah Abbott ([sarah@apuldrum.org](mailto:sarah@apuldrum.org)) for further information.

With best wishes from all at Apuldram,



### We Are Sailing... 🚢🚢🚢

A group of six trainees went on an adventure sailing round Chichester Harbour on Wednesday; they visited Thorney Island, West Wittering and lunched at Hayling. Mike Norris, who took the photos, spoke of seeing 37 seals basking in the sun. A wonderful day was enjoyed by all and many thanks to David, the skipper of Sailing Therapy's six-metre long catamaran Rebecca Anne, his crew and the volunteers and staff who accompanied them. The day was sponsored by Chichester Lions, to whom huge thanks are also due!



I was lucky enough to be allowed to look around the work-in-progress that is our Common Room Upgrade. The front is looking good but there's a lot going on round the back, as well: rerouting pipework and drainage, etc. I also managed a sneak preview of the inside and it's exciting! I'll keep you updated.



The poster below is largely self-explanatory but it's important to add that Alistair and Kelsea are now well into the walk. There are sponsorship forms available and there will shortly be an online sponsorship opportunity; as soon as I have a link to it, I'll let you know. In the meantime, if you want to send a cheque in support, made out to 'The Apuldram Centre', it'll be acknowledged immediately. Many thanks!

## Walking For Apuldram

Alistair and Kelsea who, among many other things, are trainees at Apuldram, have embarked on the project of walking the entire 100-mile length of the South Downs Way over Summer 2018. The route, from Winchester to Eastbourne, will be walked in eight 10-15 mile stretches and they will be supported every step of the way by two members of the Apuldram team, who have volunteered their own time and energy. This is not the first long walk that either has undertaken but, without doubt, is the most demanding.



### Please sponsor Alistair and Kelsea to raise money for Apuldram



 Common Farm, Appledram Lane South, Chichester, PO20 7PE, 01243 783370



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