



Apuldram News

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Edited by Paul Reed

Dear Apuldram Supporters,

Some really sad news to share: Jenny Seymour, one of the original trainees and a long-term tenant of Apuldram, as well as being one of the founder members of the Chichester Gateway Club back in the early '80s - so I've known her for such a long time - has died.

Jenny was a fighter; she could be cantankerous at times: her speech wasn't always easy to follow and this frustrated her, but when you tuned in you discovered a wicked sense of humour and a fierce loyalty. Jenny loved Apuldram and chose to stay here through her illness; the Supported Living staff who supported her were outstanding in their professionalism and the care that they offered.

Jenny was a one-off and will be much missed.

Three years ago we published an article 'voiced' by Jenny through Julie Sandalls, who was particularly close to Jenny; as a celebration of Jenny's life, we've re-published it, below.

Good To Meet You

Jenny Seymour, Chichester
in conversation with Julie Sandalls

Q What makes you happy?

A Being healthy; when people understand me.

Q What are your hobbies?

A Knitting; pop groups; theatre; amen*; going away for short breaks to Warner camps.

Q How do you spend your evenings?

A In Common Lodge knitting, winding the staff up, and telling Julie what to do, ha ha!

Q What do you do at weekends?

A Family are very important to me; I like to go out for pub lunch on Sundays.

Q Favourite tv programme/film?

A War/Battle movies, blood and guts.

Q Favourite singer/band?

A The Osmonds, especially Marie; Cliff Richard - Bachelor Boy; The New Seekers All My Life's A Circle.

Q What do you like doing best at Apuldram?

A I was brought up to work indoors so I like making cakes.

Q Describe your family/pets

A My sister Jane has a dog called Freya; my brother David used to have a cat.

Q Favourite meal?

A Pasta bake; lasagne; I also love cheesecake and crumble with custard.

Q Three words to describe yourself

A Committed, friendly, exciting.

* Julie explains: Amen means Jen likes going to church on a Sunday at Earnley, and she also goes to Alan Doick's Sunshine Club, once a month



Donny & Marie